

## 2.2 ROUTINE 13 months - 3 yrs

<b>7:00</b>	<b>CENTER OPENS</b> - greet children
<b>7:00-9:00</b>	<b>FREE-PLAY</b> - all activity centers are open 8:15-8:30 washroom break, toilet training, diapering, hand washing during free-play
<b>8:30-9:00</b>	<b>SNACK</b> - available during free-play
<b>9:00-9:30</b>	<b>CIRCLE TIME</b> - sing songs, play games, stories, dance quiet activities available to children not wishing to participate i.e. puzzles, colouring books 9:15-9:30 washroom break, toilet training, diapering, hand washing during circle time
<b>9:30-10:00</b>	<b>OUTDOOR PLAY</b> - weather permitting or free-play, indoor games, exercises
<b>10:00-10:30</b>	<b>EDUCATIONAL PROGRAM</b> -play memory games using alphabet, numbers, colours etc. craft activities- gluing, cutting, painting, colouring
<b>10:30-11:30</b>	<b>FREE-PLAY</b> - all activity centers are open 8:15-8:30 washroom break, toilet training, diapering, hand washing during free-play
<b>11:30-12:30</b>	<b>LUNCH</b> - proposed menu 12:15-12:30 story time, washroom break, toilet training, diapering, hand washing
<b>12:30-2:30</b>	<b>NAP-TIME</b> - children are expected to rest on their mats children not needing the extended nap time may do a quiet activity such as puzzles, books colouring
<b>2:30-3:30</b>	<b>FREE-PLAY</b> - all activity centers are open 2:45-3:00 washroom break, toilet training, diapering, hand washing during free-play

<b>3:00-3:30</b>	<b>SNACK</b> - available during free-play
<b>3:30-4:00</b>	<b>OUTDOOR PLAY</b> - weather permitting or free-play, indoor games, exercises
<b>4:00-4:30</b>	<b>CIRCLE TIME</b> - sing songs, play games, stories, dance quiet activities available to children not wishing to participate i.e. puzzles, colouring books 4:15-4:30 washroom break, toilet training, diapering, hand washing during circle time
<b>4:30-5:00</b>	<b>FREE-PLAY   MUSIC   GAMES</b> at this time program is very flexible. Children are leaving and remaining children are anxious.
<b>5:00-6:00</b>	<b>QUIET ACTIVITIES</b> - books, colouring, puzzles, table toys Usually the number of children has decreased, the remaining children are basically waiting for their parents staff will comfort them by reading stories and being close at hand. The staff will be flexible to suit the children's needs.

\*N.B. Times vary according to "day to day" happenings (e.g. children's interests, needs, the weather; special events) the staff are required to be flexible in order to maintain a happy and secure environment.

## 2.3 ROUTINE preschool 3-5 years olds

<b>7:00</b>	<b>CENTER OPENS</b> - greet children
<b>7:00-8:00</b>	<b>QUIET ACTIVITIES</b> - puzzles, colouring, playdough peg boards, manipulative toys
<b>8:00-8:30</b>	<b>FREE-PLAY</b> - all activity centers are open
<b>8:30-9:00</b>	<b>SNACK</b> - children will be reminded to go to the washroom and also wash their hands. children who may not want a snack may sit for a story
<b>9:00-9:30</b>	<b>CIRCLE TIME</b> - sing songs, play games, stories, dance quiet activities available to children not wishing to participate i.e. puzzles, colouring books
<b>9:30-10:15</b>	<b>EDUCATIONAL PROGRAM</b> -this is a teacher structured activity using Montessori equipment such as template letters, sand numbers, worksheets, counting sticks. quiet activities available to children not wishing to participate i.e. puzzles, colouring books, books, table toys
<b>10:15-11:30</b>	<b>OUT-DOOR PLAY</b> - weather permitting or free-play, children are reminded to wash their hands before going outside
<b>11:30-12:30</b>	<b>LUNCH</b> - proposed menu Children are reminded to use the washroom before and after their lunch
<b>12:30-2:30</b>	<b>NAP-TIME</b> - children are expected to rest on their mats children not asleep by 1:00 will be offered a quiet activity such as puzzles, books colouring, As children wake up from their nap they will be reminded to use the washroom and offered a quiet activity

- 2:30-3:30**                    **SNACK** - children are reminded to go to the washroom and to also wash their hands.  
When they have finished their snack they may go straight to free-play, gradually opening all the centers
- 3:30-4:15**                    **EDUCATIONAL PROGRAM** -this is a teacher structured activity to finish, recap, or extend any activity started in the morning
- 4:15-5:00**                    **OUTDOOR PLAY** - weather permitting  
or free-play, indoor games, exercises
- 5:00-6:00**                    **QUIET ACTIVITIES** - books, colouring, puzzles,  
any table top toys such as zacks, lego, lacing beads.

\*N.B. Times vary according to 'day to day' happenings (e.g. children's interests, needs, the weather, special events) the staff are required to be flexible in order to maintain a happy and secure environment.